Quanton Biolife Sciences

Tropical Disease Japanese encephalitis

Japanese encephalitis

Japanese encephalitis represents the most prevalent preventable cause of mosquito-borne encephalitis across Asia, Australia, and the western Pacific region. The virus is transmitted through the bites of Culex species mosquitoes. This transmission is most frequently observed in agricultural settings, including farms and rice fields, although it can also take place in urban environments under specific circumstances. While most infections remain asymptomatic, individuals who do exhibit symptoms of encephalitis experience considerable morbidity and mortality.¹

Japanese encephalitis represents the most prevalent preventable cause of mosquito-borne encephalitis across Asia, Australia, and the western Pacific region. The virus is transmitted through the bites of Culex species mosquitoes. While transmission predominantly occurs in agricultural settings, such as farms and rice fields, it can also take place in urban environments under specific circumstances. Although the majority of infections remain asymptomatic, individuals who exhibit symptoms of encephalitis experience considerable morbidity and mortality.² Those with symptoms typically present with high fever, headache, disorientation, coma, tremors, and alterations in mental status due to inflammation of the brain. Movement disorders, neurological deficits, and seizures are frequently observed, especially in pediatric patients. Approximately 25% of symptomatic cases result in death. Children are particularly vulnerable, and most individuals living in endemic regions develop immunity by the time they reach adulthood. Currently, there is no specific treatment available apart from supportive care; however, an effective vaccine exists to prevent infection. This vaccine is advised for travelers at high risk of exposure in endemic areas. Numerous endemic regions have established vaccination programs for children.³ The most effective means of protection remains the prevention of mosquito bites.

The Japanese encephalitis virus binds to the membranes of host cells, initially replicating at the location of the bite and in adjacent lymph nodes.⁴ Following this, viremia occurs; however, in the majority of instances, the virus is eliminated before it can penetrate the central nervous system, leading to subclinical manifestations. Should the virus reach the brain through the bloodstream and breach the blood-brain barrier, neuroinvasive disease can ensue. The Japanese encephalitis virus exhibits both direct neurotoxic properties and the ability to influence the development of neural stem cells.

References

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